



MUMMS SPROUTING SEEDS
2025 PROGRAM



* Halifax Seed reserves the right to change terms of payment and pricing during the program period caused by fluctuations in costs, currency exchange rates, freight rates and other conditions beyond our control

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
SINGLE SEED			
MUMADZUKIBEAN275	Bean, Adzuki 275g	12	\$13.99
MUMALFALFA125	Alfalfa 125g	12	\$7.99
MUMALFALFA250	Alfalfa 250g	12	\$14.99
MUMARUGULA125	Arugula (Rocket) 125g	12	\$11.99
MUMARUGULA250	Arugula (Rocket) 250g	12	\$22.99
MUMBARLEY100	Barley, Hulless - Short Sprouts 100g	12	\$4.99
MUMBARLEYHULLS100	Barley, Hulls On - For Barley Grass 100g	12	\$3.99
MUMBEANADZUKI100	Bean, Adzuki 100g	12	\$6.99
MUMBLKQUINOA125	Quinoa, Black 125g	12	\$6.99
MUMBLKQUINOA250	Quinoa, Black 250g	12	\$10.99
MUMBRMUSTARD100	Mustard, Brown -Hot- 100g	12	\$5.99
MUMBRMUSTARD200	Mustard, Brown -Hot- 200g	12	\$9.99
MUMBROCOLI100	Broccoli 100g	12	\$12.99
MUMBROCOLI200	Broccoli 200g	12	\$22.99
MUMBROWNFLAX100	Flax, Brown 100g	12	\$4.99
MUMBROWNFLAX250	Flax, Brown 250g	12	\$7.99
MUMBUCKWHEAT100	Buckwheat**, Hulls On 100g	12	\$5.99
MUMBUCKWHEAT250	Buckwheat**, Hulls On 250g	12	\$8.99
MUMCABBAGERED100	Cabbage, Red 100g	12	\$15.99
MUMCABBAGERED200	Cabbage, Red 200g	12	\$29.99
MUMCHIA100	Chia, Black 100g	12	\$6.99
MUMCHIA200	Chia, Black 200g	12	\$10.99
MUMCLOVERCRIMSON125	Clover, Crimson 125g	12	\$9.99
MUMCLOVERRED100	Clover, Red 100g	12	\$7.99
MUMCOLLARD100	Collard 100g	12	\$19.99
MUMCOLLARD75	Collard 75g	12	\$13.99
MUMCRANBEAN250	Bean, Cranberry (Speckled Sugar Bean) 250g	12	\$9.99
MUMCRESS125	Cress, Garden (Curly) 125g	12	\$8.99
MUMCRESS250	Cress, Garden (Curly) 250g	12	\$16.99
MUMCRIMLENTILS125	Lentils, Crimson 125g	12	\$5.99
MUMCRIMLENTILS275	Lentils, Crimson 275g	12	\$8.99
MUMCRIMSON250	Clover, Crimson 250g	12	\$16.99
MUMDILL100	Dill 100g	12	\$16.99
MUMDILL50	Dill 50g	12	\$9.99
MUMENDIVE50	Endive 50g	12	\$16.99
MUMFAVABEAN300	Bean, Fava - Microgreens With Large Leaves 300g	12	\$8.99
MUMFENNEL50	Fennel 50g	12	\$11.99

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MUMFENUGREEK125	Fenugreek 125g	12	\$6.99
MUMFENUGREEK250	Fenugreek 250g	12	\$10.99
MUMFRNCHLENTIL125	Lentils, French Green 125g	12	\$5.99
MUMFRNCHLENTIL275	Lentils, French Green 275g	12	\$9.99
MUMGARBANZO275	Bean, Garbanzo 275g	12	\$10.99
MUMGREENPEAS125	Pea, Green - Short Sprouts Or Shoots 125g	12	\$4.99
MUMGREENPEAS275	Pea, Green - Short Sprouts Or Shoots 275g	12	\$7.99
MUMKALE100	Kale, Lacinato Brassica Oleracea 100g	12	\$19.99
MUMKALE200	Kale, Lacinato Brassica Oleracea 200g	12	\$32.99
MUMKALERED100	Kale, Red 100g	12	\$16.99
MUMKAMUT125	Kamut 125g	12	\$4.99
MUMKAMUT300	Kamut 300g	12	\$8.99
MUMKOHLRABI100	Kohlrabi, Purple 100g	12	\$16.99
MUMKOHLRABI200	Kohlrabi, Purple 200g	12	\$29.99
MUMMUNG125	Bean, Mung 125g	12	\$6.99
MUMMUNG250	Bean, Mung 250g	12	\$9.99
MUMMUSTARDRUBY100	Mustard, Ruby Streaks 100g	12	\$19.99
MUMORIMUSTARD100	Mustard, Oriental Wasabi -Hotter- 100g	12	\$5.99
MUMORIMUSTARD200	Mustard, Oriental Wasabi -Hotter- 200g	12	\$9.99
MUMPEAOREGON125	Pea, Oregon Giant - Lovely Short Sprouts 125g	12	\$4.99
MUMPEAOREGON275	Pea, Oregon Giant - Lovely Short Sprouts 275g	12	\$7.99
MUMPEASDWFSUGAR125	Pea, Dwarf Grey Sugar - Leafy Shoots 125g	12	\$4.99
MUMPEASDWFSUGAR275	Pea, Dwarf Grey Sugar - Leafy Shoots 275g	12	\$7.99
MUMRAAB100	Broccoli Raab (Rapini) 100g	12	\$7.99
MUMRAAB200	Broccoli Raab (Rapini) 200g	12	\$12.99
MUMRADISH100	Radish, Red 100g	12	\$12.99
MUMRADISH200	Radish, Red 200g	12	\$24.99
MUMRADISHDIKON100	Radish, Daikon - White Stem, Green Leaf 100g	12	\$5.99
MUMRADISHDIKON200	Radish, Daikon - White Stem, Green Leaf 200g	12	\$10.99
MUMRADISHRUBY100	Radish, Ruby Stem 100g	12	\$7.99
MUMRADISHRUBY200	Radish, Ruby Stem 200g	12	\$15.99
MUMRADISHTRITON100	Radish, Triton - Purple Stems, Green Leaves 100g	12	\$7.99
MUMRADISHTRITON200	Radish, Triton - Purple Stems, Green Leaves 200g	12	\$12.99
MUMREDCLOVER250	Clover, Red 250g	12	\$14.99
MUMSESAMEWHT100	Sesame, White - Hulled, Not For Sprouting 100g	12	\$6.99
MUMSESAMEWHT200	Sesame, White - Hulled, Not For Sprouting 200g	12	\$12.99
MUMSPELT125	Spelt, Dehulled - Short Sprouts, Spelt Grass, Milling 125g	12	\$4.99
MUMSPIGARELLO100	Spigarello - Leaf Broccoli With Sweet Broccoli-Kale Flavour 100g	12	\$11.99
MUMSPIGARELLO200	Spigarello - Leaf Broccoli With Sweet Broccoli-Kale Flavour 200g	12	\$21.99
MUMSPKPEAS125	Pea, Speckled - Tall Shoots. 125g	12	\$4.99
MUMSPKPEAS275	Pea, Speckled - Tall Shoots. 275g	12	\$7.99
MUMSUNFLOWER150	Sunflower, Black Oilseed 150g	12	\$8.99
MUMSUNFLOWER75	Sunflower, Black Oilseed 75g	12	\$5.99
MUMTURNIP100	Turnip 100g	12	\$10.99
MUMWHEAT125	Wheat Hard Red Spring, Wheatgrass Or Milling. 125g	12	\$4.99
MUMWHEAT300	Wheat Hard Red Spring, Wheatgrass Or Milling. 300g	12	\$6.99
MUMWHTQUINOA125	Quinoa, White 125g	12	\$7.99
MUMWHTQUINOA250	Quinoa, White 250g	12	\$12.99
MUMYLWMUSTARD100	Mustard, Yellow -Hottest- 100g	12	\$5.99
MUMYLWMUSTARD200	Mustard, Yellow -Hottest- 200g	12	\$9.99

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
SEED BLENDS			
MUMANCEASTERN125	Ancient Eastern Blend 125g	12	\$6.99
MUMANCEASTERN250	Ancient Eastern Blend 250g contains Fenugreek, Lentils, Kamut, Adzuki	12	\$10.99
MUMBEANMIX125	Crunchy Bean Mix 125g	12	\$5.99
MUMBEANMIX250	Crunchy Bean Mix 250g contains Peas, Garbanzos, Lentils	12	\$8.99
MUMBRILLIANTMIX125	Brilliant Blend - A Microgreen Mix 125g	12	\$6.99
MUMBRILLIANTMIX250	Brilliant Blend - A Microgreen Mix 250g contains Crimson Lentils, Green Peas, Red Radish, Triton Radish	12	\$12.99
MUMBROCOLIBLD100	Broccoli Brassica Blend 100g	12	\$7.99
MUMBROCOLIBLD200	Broccoli Brassica Blend 200g contains Broccoli, Broccoli Raab, Radish, Mustard, Arugula	12	\$14.99
MUMMELLOWMIX100	Mellow Microgreen Mix 100g	12	\$9.99
MUMMELLOWMIX200	Mellow Microgreen Mix 200g contains broccoli raab, crimson clover, purple kohlrabi	12	\$18.99
MUMMGSALAD125	Microgreen Salad Mix 125g	12	\$5.99
MUMMGSALAD275	Microgreen Salad Mix 275g Blend of fava beans, peas, buckwheat, and sunflower	12	\$9.99
MUMRAINBOWRAD100	Rainbow Radish 100g	12	\$8.99
MUMRAINBOWRAD200	Rainbow Radish 200g blend of Red, Triton, Ruby, and Daikon Radish	12	\$15.99
MUMSALADBOWL125	Salad Bowl Blend 125g	12	\$5.99
MUMSALADBOWL275	Salad Bowl Blend 275g contains mung beans, black quinoa, sesame, and lentils	12	\$10.99
MUMSANDWICH100	Sandwich Booster 100g	12	\$7.99
MUMSANDWICH250	Sandwich Booster 250g contains Clover, Alfalfa, Radish, Mustard	12	\$13.99
MUMSPICYLENTIL100	Spicy Lentil Crunch 100g	12	\$6.99
MUMSPICYLENTIL250	Spicy Lentil Crunch 250g Mix of lentils, red clover, alfalfa, radish, mustard.	12	\$12.99
MUMSPMGBLD100	Spicy Microgreen Blend 100g	12	\$6.99
MUMSPMGBLD200	Spicy Microgreen Blend 200g Contains red mustard, arugula, curly cress	12	\$12.99
MUMSPSALAD100	Spring Salad 100g	12	\$8.99
MUMSPSALAD200	Spring Salad 200g Contains red mustard, arugula, curly cress	12	\$15.99

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
MIXED CASES			
MUMBESTSELLERSLG	Best Sellers Large	1	\$149.99
MUMBESTSELLERSSM	Best Sellers Small	1	\$89.99
Best Sellers : - 1 Each: Alfalfa, Ancient Eastern Blend, Broccoli, Broccoli Brassica Blend, Crunchy Bean Mix, Daikon Radish, Crimson Lentils, Mung Beans, Red Clover, Sandwich Booster, Spicy Lentil Crunch Spring Salad Mix.			
MUMGREATMIXLG	Great Mixes Large	1	\$149.99
MUMGREATMIXSM	Great Mixes Small	1	\$79.99
Great Mixes: - 2 Each: Ancient Eastern Blend, Crunchy Bean Mix, Brassica Broccoli Blend, Sandwich Booster, Spicy Lentil Crunch, Spring Salad Mix			
MUMMICROMIXLG	Microgreens Large	1	\$149.99
MUMMICROMIXSM	Microgreens Small	1	\$89.99
Microgreens: - 1 Each: Curly Cress, Buckwheat, Kale, Purple Kohlrabi, Mellow Microgreen Mix, Microgreen Salad, Oriental Mustard, Speckled Peas, Triton Radish, Spicy Microgreen Blend, Sunflower, Wheat.			
SPECIALITY SEED			
MUMAMARANTHRED50	Amaranth, Red 50g	12	\$27.99
MUMBASIL100	Basil, Genovese 100g	12	\$29.99
MUMBASILPRPL100	Basil, Purple - Purple-Green Leaves 100g	12	\$24.99
MUMBASILTHAI100	Basil, Thai 100g	12	\$34.99
MUMBEETBULLSBLOOD30	Beet, Bull's Blood 30g	12	\$5.99
MUMBEETPINK30	Beet, Pink 30g	12	\$8.99
MUMBEETSRUBY30G	Beet, Ruby 30g	12	\$8.99
MUMBEETYELLOW30	Beet, Yellow 30g	12	\$8.99
MUMBOKCHOY100	Bok Choy (Pak Choi) 100g	12	\$13.99
MUMCARROT50	Carrot - Taste Like Baby Carrots! 50g	12	\$16.99
MUMCELERY50	Celery - Delicate Celery Microgreens 50g	12	\$19.99
MUMCHERVIL75	Chervil - Mild Anise Flavour 75g	12	\$29.99
MUMCHICORY50	Chicory 50g	12	\$8.99
MUMGARLIC75	Chives, Garlic 75g	12	\$21.99
MUMONION75	Chives, Onion 75g	12	\$18.99
MUMCORIANDER30	Coriander (Cilantro) 30g	12	\$4.99
MUMLEMONBALM75	Lemon Balm 75g	12	\$64.99
MUMPERILLARED75	Perilla (Shiso), Red 75g	12	\$89.99
MUMPOPCORN100	Popcorn - Very Sweet Shoots 100g	12	\$5.99
MUMSWISSCH30	Swiss Chard, Red 30g	12	\$6.99
MUMTHYME100	Thyme 100g	12	\$27.99
MUMBEETBULLSBLOOD100	Beet, Bull'S Blood 100g	12	\$14.99
MUMBEETRUBY100	Beet, Ruby 100g	12	\$13.99
MUMBEETYELLOW100	Beet, Yellow 100g	12	\$13.99
MUMBOKCHOY200	Bok Choy (Pak Choi) 200g	12	\$24.99
MUMCORIANDER100	Coriander (Cilantro) 100g	12	\$7.99
MUMPOPCORN275	Popcorn - Very Sweet Shoots 275g	12	\$9.99
MUMSWISSCH75	Swiss Chard, Red 75g	12	\$12.99

STOCK CODE	DESCRIPTION	QTY/ CS	RETAIL
SPROUTING KITS AND EQUIPMENT			
MUMGLASS/SEEDS	Sprouting Kit (Single) 1 litre glass sprouting jar, sprouting screen, stainless steel tray and rack, 60 g Sandwich Booster, 100 g Broccoli Brassica Blend	1	\$29.99
MUMDOUBLEGLASS/SEEDS	Sprouting Kit (Double) 2 x 1 litre glass sprouting jar and sprouting screen, double stainless steel tray and rack, 60 g Sandwich Booster, 100 g Broccoli Brassica Blend	1	\$34.99
MUMMGLASS1L	Glass Sprouting Jar 1 litre glass sprouting jar with stainless steel screen.	12	\$9.99
MUMLID	Sprouting Lid Fits most wide mouth jars	36	\$4.99
MUMMASONTOP	Masontop™ Bean Screen, 2 ea Fits most wide mouth jars	6	\$21.99
MUMEASYSROUTER	EasySprout Sprouter Quick and easy sprouting for broccoli and many other seeds	4	\$27.99
MUMHEMPBAG	Hemp Bag Lasts for 1000+ harvests. Made from organic hemp fiber.	12	\$16.99
MUMGEOTERRADISIENA	GEO Terradisiena 4-Tier Terracotta Sprouter	4	\$79.99
BOOKS			
MUMBOOK	The Wonders of Sprouting - Easy and practical steps to grow sprouts in your home - booklet 24 pp	1	\$6.99
MUMHOMEGRWN	Homegrown Sprouts - Rita Galchus	1	\$39.99
MUMSPRTGRDN	Sprout Garden - Mark Braunstein	1	\$42.99
MUMMICROGRDN	Microgreen Garden - Mark Braunstein	1	\$29.99
MUMCOMPGUIDE	The Complete Guide to Growing & Using Sprouts - Richard Helweg	1	\$34.99
MUMYRRNDGRDN	Year Round Indoor Salad Gardening - Peter Burke	1	\$69.99
MUMCOOKBOOK	Sproutman's Kitchen Garden Cookbook - Steve Meyerowitz	1	\$31.99
MUMWHEATGRASS	Wheatgrass, Nature's Finest Medicine - Steve Meyerowitz	1	\$29.99
MUMMIRACLEFOOD	Sprouts - The Miracle Food - Steve Meyerowitz	1	\$29.99
MUMGROWYOUROWNHRT	Grow Your Own HRT - Sally J. Duffell	1	\$36.99
GIFT BAGS			
MUMGIFTBAGLG	Large Gift Bag Includes 125 g Ancient Eastern Blend, 125 g Sandwich Booster, 125 g Spicy Lentil Crunch, 125 g Alfalfa, 100 g Broccoli Brassica Blend, 275 g Crunchy Bean Mix, Wonders of Sprouting booklet, and Glass Sprouting Jar 1 litre, packaged in a canvas bag.	1	\$54.99
MUMGIFTBAGME	Medium Gift Bag Includes 125 g Ancient Eastern Blend, 125 g Crunchy Bean Mix, 125 g Sandwich Booster, 125 g Spicy Lentil Crunch, Wonders of Sprouting booklet, and Glass Sprouting Jar 1 litre, packaged in a canvas bag.	1	\$39.99
MUMGIFTBAGSM	Small Gift Bag Includes 125g Crunchy Bean Mix, 125g Sandwich Booster, and Glass Sprouting Jar 1 litre packaged in a canvas bag.	1	\$21.99

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MUMMSP-DRFLOOR	Display Rack Promo Contains:	52	\$379.99
MUMLID	Sprouting Lid Fits most wide mouth jars	36	\$4.99
MUMMGLASS1L	Glass Sprouting Jar 1 litre glass sprouting jar with stainless steel scree	6	\$9.99
MUMBOOK	The Wonders of Sprouting - Easy and practical steps to grow sprouts i	6	\$6.99
MUMALFALFA125	Alfalfa 125g	4	\$7.99
MUMANCEASTERN125	Ancient Eastern Blend 125g	4	\$6.99
MUMBEANMIX125	Crunchy Bean Mix 125g	4	\$5.99
MUMBROCOLI100	Broccoli 100g	4	\$12.99
MUMBROCOLIBLD100	Broccoli Brassica Blend 100g	4	\$7.99
MUMCRIMLENTILS125	Lentils, Crimson 125g	4	\$5.99
MUMMUNG125	Bean, Mung 125g	4	\$6.99
MUMRADISHDIKON100	Radish, Daikon - White Stem, Green Leaf 100g	4	\$5.99
MUMCLOVERRED100	Clover, Red 100g	4	\$7.99
MUMSANDWICH100	Sandwich Booster 100g	4	\$7.99
MUMSPICYLENTIL100	Spicy Lentil Crunch 100g	4	\$6.99